Can frail older persons participate in telephone follow up about quality of life and satisfaction after discharge? – a feasibility study



n=209

49 did not give informed consent

2 withdrew consent afterwards

7 were transferred to another ward for discharge

13 died in hospital after discharge





n=52

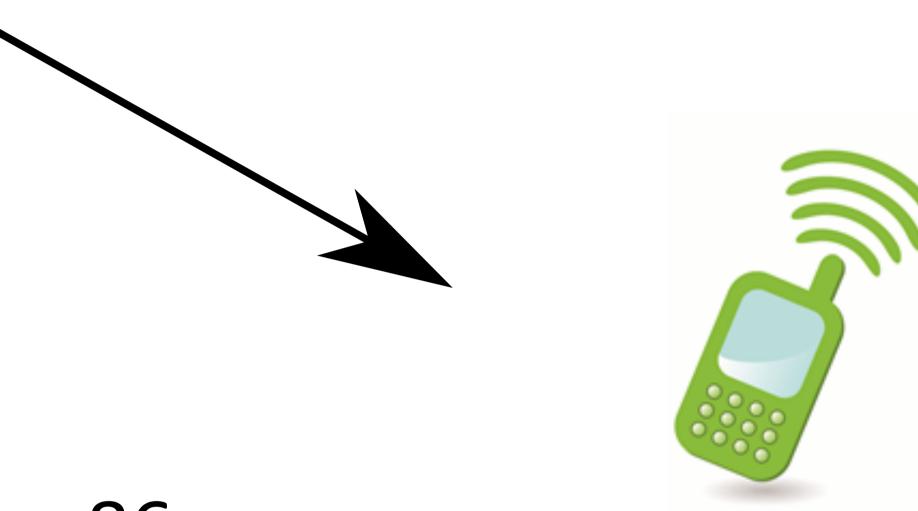
16 did not pick up the telephone

12 registration errors

11 did not want to participate

10 incorrect telephone numbers

3 because of hearing problems



Gender: 43 females (50%)

n=86

Median call time: 8 minutes (range 1-21)
Median day after discharge: 16 (range 13-28)
14 (16%) did not answer EQ-5D at all
47 (55%) partly answered EQ-5D

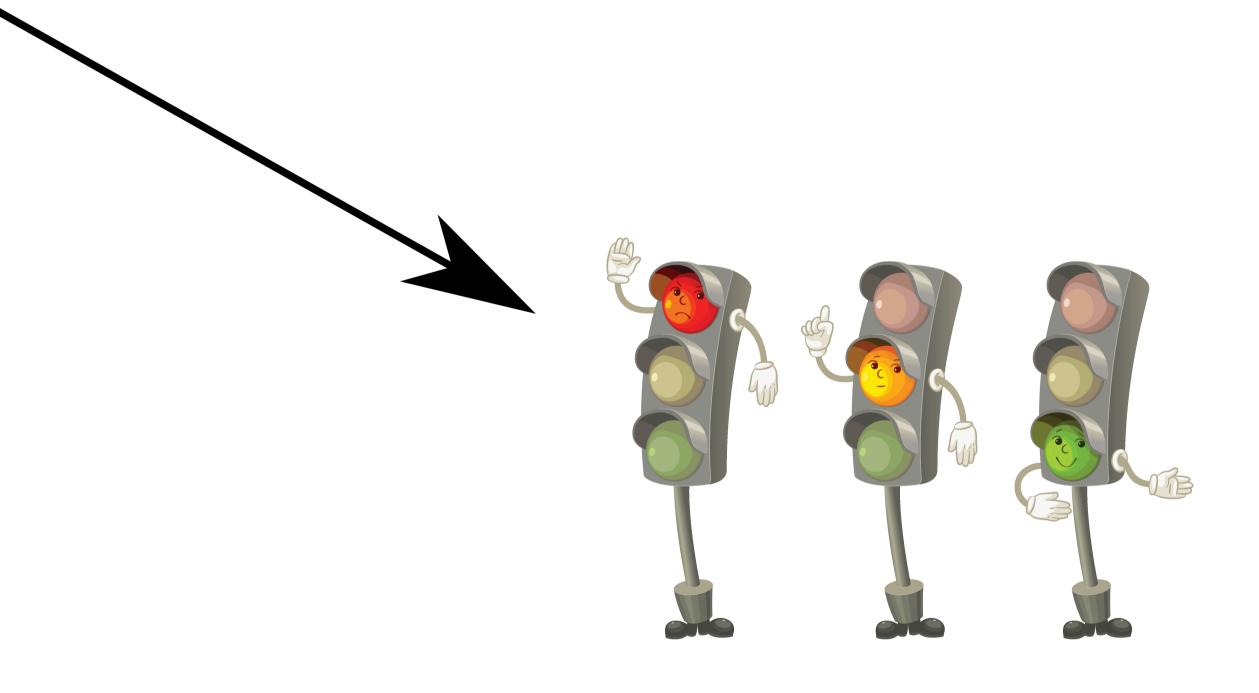
Inclusion period: December 2017 to August 2018

47 (55%) partly answered EQ-5D 25 (29%) answered all parts of EQ-5D

83 (97%) answered questions about satisfaction



Mobility (n=60): 20 no/minor problems
Self-care (n=64): 46 no/minor problems
Usual activities (n=47): 20 no/minor problems
Pain/discomfort (n=54): 27 no/minor problems
Anxiety/depression (n=59): 48 no/minor problems
Global health (n=43): median 50% (range 3-92)



- + No problems at all
- + Doctors involvement of relatives
- + Written information was a help
- + Pills were taken away (overdosed)
- Too early discharge according to patient
- Confusion and lack of information
- Feeling insecure about medication changes
- Medication discrepancies after discharge
- Missing prescription at pharmacy

YES; more than half completed the follow up However, more older persons could participate in qualitative interviews than in quantitative questionnaires

Legend: All images: www.colourbox.dk



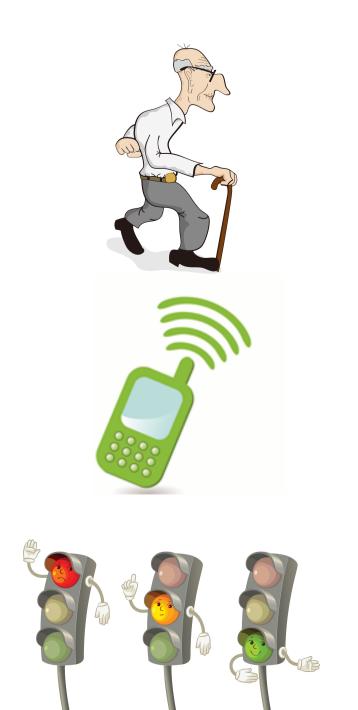
Patients asked for consent



Telephone follow up not performed



Quality of life questionnaire EQ-5D



Included patients

Telephone calls for follow up

Satisfaction with discharge



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